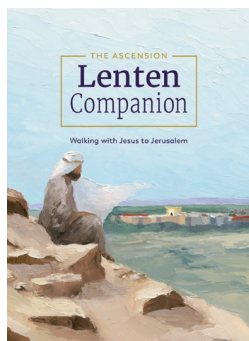




# LENT

Resources for your  
Lenten journey



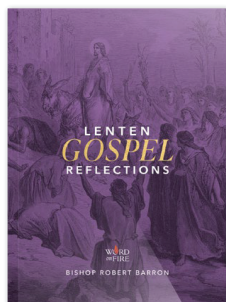
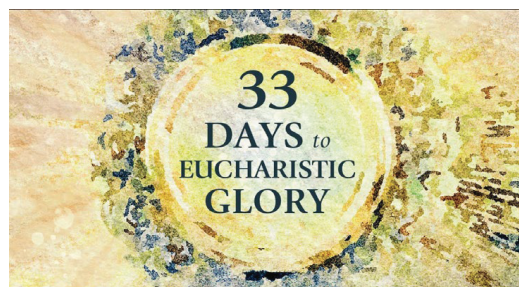
God wants to give you more. How will you respond this Lent? Has your relationship with God grown stale? Has it lost its spark? Are you plagued by a particular sin? Something you can't shake? Are you just tired of the day-to-day grind of your life? These all show that God wants to give you more.

This Lent, **experience deeper peace and healing** as Fr. Mark Toups immerses you in Christ's final journey to Jerusalem, inviting you to reflect on Jesus' suffering and death, and inspiring you to celebrate in his resurrection.



## Experience the power of consecration

This consecration is an invitation to dedicate yourself to God and make yourself 100 percent available to Him. It will prepare you to make an unconditional surrender to Jesus in the Eucharist, filling your life with the astounding clarity and lasting joy only He can provide.



## Lenten Gospel Reflections (2024)

By Bishop Robert Barron

For Christians, Lent is an important time of reflecting on the suffering and death of Jesus so as to enter into the joy of his Resurrection. In this devotional booklet, Bishop Robert Barron invites readers to enter more deeply into the prayerful nature of the season. Lenten Gospel Reflections features the full Gospel reading for each day of Lent, a daily reflection from Bishop Barron, space for journaling and answering reflection questions, and more!

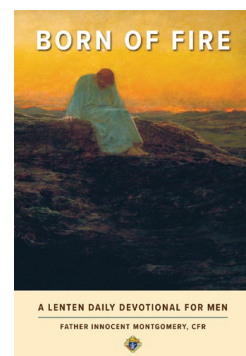


## Born of Fire

\$10.00

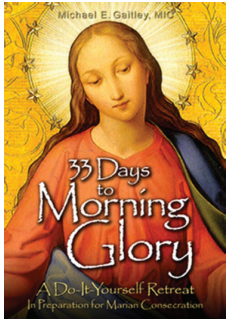
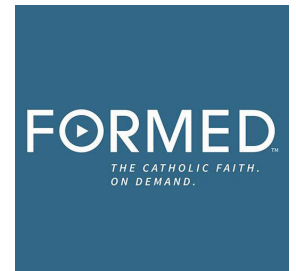
Born of Fire: A Lenten Daily Devotional for Men offers men the opportunity to enter into the spiritual discipline of Lent by learning from the wisdom of the Franciscan Friars of the Renewal and their journeys into the desert. Through daily reflections for all of Lent and the start of the Easter season, Fr. Innocent Montgomery helps the reader understand his identity while drawing him closer to Christ.

This book is perfect for any man who wants to take on a serious Lenten practice to grow in their spiritual life.



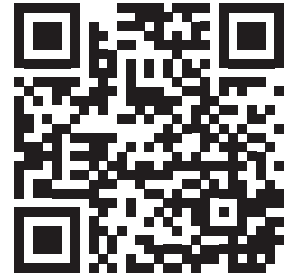


**FORMED** is excited to present curated content to help the Church journey through this Lenten season. In this collection are resources to help the faithful deepen their understanding of various Lenten days, practices, and devotions. You can find resources on prayer, the mystery of Christ's Passion, the roots of Holy Week found in Judaism, and many things to help guide the faithful through the holiest days in our liturgical year—the Triduum. We pray that all of these resources draw us deeper into the mystery of Lent, Holy Week, and the Triduum as we look forward to the joy of the Resurrection.



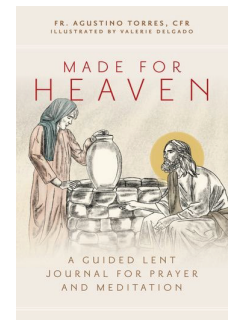
### A Do-It-Yourself Retreat in Preparation for Marian Consecration

Reverend Michael Gaitley's book, *33 Days to Morning Glory: A Do-It-Yourself Retreat in Preparation for Marian Consecration*, begins with a promise to disclose a "secret" form of knowledge based on Gnosticism. According to Webster's Dictionary, the root word for Gnosticism is gnosis, which means "divinely inspired knowledge."<sup>1</sup> This word is generally used to describe heretical Christian doctrines condemned by the early Church Fathers.



### Spend This Lent with Fr. Agustino Torres, CFR

Join Fr. Agustino Torres, CFR—founder of Corazón Puro—on a multimedia Lenten journey inspired by St. Francis. Begin the season with a vow of poverty and end at Easter with a heart free from the desert of sin and open to love, serve, and care for others. *Made for Heaven* features stunning original art by Valerie Delgado of Pax.Valerie, along with daily meditations on a passage from scripture, reflection questions, prayer, and space for journaling.



Like the Israelites of old, we are not home. And yet, there is great hope in our sojourning - in our movement back to God.

Each day of Lent, spend ten minutes with John Bergsma as he reads and reflects on one chapter of the Book of Exodus and then gives you a daily challenge to complete. Once a week, join Scott Hahn as he delivers an inspiring series of 8 talks based on his new book *Catholics in Exile* – filmed with a live audience at the new St. Paul Center headquarters.

During the 2024 Lent Challenge, receive All Access to the St. Paul Center for free.

### Be the renewal.

The Church and the world stand in need of renewal. Join us on the Exodus 90 app today as we journey toward Ash Wednesday and the start of Lent.

### Be intentional this Lent – Be the Renewal.

### Prepare For Lent Today!

Through these forty days of spiritual exercises, you will become more of who you are, a Son of the Resurrection, who has been called forth by the Father to experience his love and to give that love to others.

